Haven, a tech platform fostering a safe environment **for women, by women** to discuss and educate themselves on women's health topics

The Problem

- Many women struggle to communicate about their health due to a lack of shared language, knowledge, or understanding from healthcare providers and/or personal community
- There is a need for a safe, supportive space where women can openly discuss their experiences and gain confidence in understanding and articulating their health concerns

Why Now

- Texas currently ranks second lowest in the U.S for women's healthcare
  - **60.7%** of women participated in healthcare related **online forums** (NIH)
  - Difficulty navigating the health care system, such as managing referrals to multiple specialists, accessing home care, and getting prescriptions refilled were factors largely contributing to increasing online forum usage

Solution Overview

- Online platform where women can freely share their personal experiences, give advice, and support each other in a safe, **moderated environment**
- **Chatbot** that combines the use of an LLM and RAG pipeline to generate trustworthy responses to questions while avoiding misinformation
- **Monthly Q&A** health talks with professionals on specific symptoms/conditions to connect women to reliable information

Why Us?

- A platform **for women, by women**
- Increase education and awareness of women's health topics by hosting monthly webinars with experts (Ex: doctors)
- Various **channels to ensure inclusivity** (based on condition, health topic, ethnicity, etc.)

Impact Opportunities

- Invest in improved technology to support a larger user base
- Help us market to audiences beyond UT Austin
- Increase outreach and connections with medical professionals willing to participate in our health talks

NIH> WOMEN felt their health concerns

were ignored, often being told their symptoms were "just stress" or "too young" for severe conditions.

18-24 year olds that felt dismissed in a healthcare setting
88%

25-34 year olds that felt dismissed in a healthcare setting
94%

According to NIH study, **52%** of these women were **not satisfied** with their care with healthcare professional, and turned to the **internet** to seek medical care.